

# 2016 Central Zone Section 3 Speedo Champion Series

## Spring Meet Time Standards

Section 3 LSC's are OH, IN, MI, LE

Geneva, OH

March 31 – April 3

Qualifying Period: January 1, 2015 through the entry deadline for Spring Meet.

***THERE ARE NO BONUS TIME STANDARDS FOR THE SPRING MEET***

WOMEN			Men		
SCY	LCM	Event	LCM	SCY	
24.99	28.49	50 FREE	25.69	22.39	
54.19	1:01.19	100 FREE	55.99	48.59	
1:56.69	2:11.89	200 FREE	2:01.89	1:45.89	
5:08.99	4:36.09	400/500 FREE	4:16.89	4:46.39	
10:38.29	9:31.89	800/1000 FREE	9:00.49	9:57.99	
17:49.89	18:15.59	1500/1650 FREE	17:20.99	16:43.89	
1:00.79	1:10.09	100 BACK	1:03.19	55.39	
2:10.59	2:29.69	200 BACK	2:18.59	1:58.79	
1:08.59	1:18.59	100 BREAST	1:11.99	1:01.59	
2:27.69	2:48.79	200 BREAST	2:36.19	2:13.79	
59.49	1:07.29	100 FLY	1:00.59	53.29	
2:11.19	2:27.49	200 FLY	2:16.19	1:59.29	
2:11.89	2:29.59	200 IM	2:17.69	1:59.39	
4:37.69	5:15.99	400 IM	4:55.79	4:16.99	
3:41.99	4:09.99	400/200 FREE RELAY	3:50.99	3:18.99	
7:45.99	8:50.99	800 FREE RELAY	8:15.99	7:13.99	
4:05.99	4:40.99	400/200 MEDLEY RELAY	4:17.99	3:42.99	

**\*200 MEDLEY AND 200 FREE RELAYS USE THE 400 TIME STANDARD; IF YOU HAVE THE CUT IN THE 400 RELAYS, YOU ARE ELIGIBLE FOR THE 200 RELAYS\***

