



The Buckeye Swim Team is excited for the upcoming Long Course season. The team is having a great Short Course season. The coaching staff is very excited for another great season. Below are some items that separate Buckeye from other swim clubs in Central Ohio.

Total control of water time at the Powell Aquatic Center and Columbus North pool giving Buckeye Swim Team 10 lanes for training at all times

The most experienced and tenured coaching staff in Central Ohio

2 great senior programs coached by the Head Coach

A Head Coach that trained Olympic Medalists during an Olympic year

A Team First Culture

Buckeye also trains at a beautiful outdoor (heated) 50 Meter pool starting June 2

We are delighted you are rejoining or considering Buckeye Swim Team. Please contact us with any questions. Evaluations are encouraged to make sure your child is placed into the correct practice group.

Chris Hadden	Laurie Karr
Head Coach	Managing Director



## **Competitive Swim Registration Information Package**

The Buckeye Swim Team is pleased to announce our 2025 Long Course Registration will open March 3. The competitive swim team is a year-round training program that emphasizes competitive success at the local, state, regional, and national levels. Buckeye provides programs for all ages, skill, and commitment levels. Below are the instructions required to register. If there are any questions, please address an e-mail to:

Head Coach Chris Hadden at  
[cahadden@gmail.com](mailto:cahadden@gmail.com)

or

Managing Director Laurie Karr at  
[laurie@bkyswim.com](mailto:laurie@bkyswim.com)

## **Required Registration Materials:**

Registration is done through the Team's Website [www.buckeyeswimclub.com](http://www.buckeyeswimclub.com). This package is intended as an informational package for all interested participants. We will always honor our commitment to our swimmers to be a Quality not Quantity Focused Swim Program.

New swimmers will be provided slots on a first come, first serve basis. Space is available for new swimmers in some practice groups, but we do anticipate filling our groups – **please don't wait to register.**

All **new** swimmers will need to complete a medical form online when prompted during registration.

## **Practice Group Assignments**

- ✓ Returning Swimmers – The coaching staff emails practice group assignments for the new season. Contact Chris Hadden or Laurie Karr if you have questions about practice group selection.
- ✓ **New Swimmers Evaluations** – Every new swimmer needs to be evaluated for proper placement to a practice group. All new swimmers considering Buckeye need to attend ONE of the following evaluations:
  - March 10 and 13 at Powell Aquatics Center
    - All 10 and unders are evaluated at 6:30 pm
    - All 11 and overs are evaluated at 7 pm
  - March 11 at Columbus North at 6:30 pm
  - March 13 at Columbus North at 5:30 pm
- ✓ Please contact Head Coach Chris Hadden at [cahadden@gmail.com](mailto:cahadden@gmail.com) or Laurie Karr at [laurie@bkyswim.com](mailto:laurie@bkyswim.com) to set up an evaluation if you are unable to attend the evaluations listed above.
- ✓ Swimmers may move between practice groups during the season at the coaches' discretion. Upcharges or swim fee reductions will be debited / credited in the monthly billing cycle following the practice group change.
- ✓ ***Please note that ages listed for the practice groups below are strictly parameters. Final practice group assignments are at the Head Coach's discretion. Every practice group will be filled to capacity.***
- ✓ ***Please be aware that there are training requirements to be invited to the Senior Select, Senior Group, AG Select and all Scarlet practice groups. Space is limited and the level of training ability must be met. There are minimum performance requirements and intervals per 100 free/IM required to attain an invitation.***



## **Practice Group Descriptions:**

**Senior Select:** Advanced and Select High School Swimmers 15 years old or over. Emphasis on advanced competitive stroke technique, rigorous physical conditioning, competitive racing strategies, and dryland conditioning. The goal for this group is to qualify for national level meets. There are time standards, minimum training intervals and a coach invitation to be able to register for this group. This group is coached by Head Coach Chris Hadden.

**Senior Group:** High School Swimmers 14 years old or over. Emphasis on advanced competitive stroke technique, rigorous physical conditioning, competitive racing strategies, and dryland conditioning. The goal for this group is to compete and place at the Ohio Senior Championships. There are minimum training intervals to be able to register for this group. This group is coached by Head Coach Chris Hadden and an assistant coach.

**Age Group Select:** This is Buckeye's top 24, 12 – 14 year old swimmers combined in one training group. This group is by invitation only. Swimmers can choose to not participate as there is still an Age group 1 Scarlet group. This is our best swimmer's final step in age group swimming. The goal for this group is to compete and place at the Ohio Junior Championships, Central Zone Championships, and to qualify for USA Sectionals. The Lead Coaches are Laurie Karr and Kaylyn Froebel.

**Age Group 1 Scarlet:** Experienced and advanced 13 years old or over swimmers. Emphasis on advanced competitive stroke technique and rigorous physical conditioning. The goals for this group are to qualify for and place at Ohio Junior Championships & Central Zone meets and prepare for training in the Senior Groups. The Lead Coach is Grant Horton joined by an assistant coach.

**Age Group 2 Scarlet:** Experienced and advanced 11 – 12 year olds. Training emphasizes stroke technique and aerobic conditioning. The goals for this group are to qualify for and place at Ohio Junior Championships & Central Zone Championships. Lead Coaches are Thomas Clark and Ezra Ferguson joined by assistant coaches.

**Age Group 3 Scarlet:** Experienced 9 – 10 year olds. Focus on learning the proper mechanics of all 4 competitive strokes, starts and turns. The goals for this group are to excel in competitions, place at Regional's, and qualify for Ohio Junior Championships. The Lead Coach is Heath Patterson joined by assistant coaches.

**Age Group 4 Scarlet:** Experienced 8 and unders. Focus is on learning proper mechanics of all 4 competitive strokes, starts and turns while building confidence at swim meets. The goals for this group are to gain experience in USA Swimming competitions, learn how to compete in all four competitive strokes, and be able to progress through the program. Lead Coaches are Matt Celik and Lauryn White plus assistant coaches.

**Silver Recreation:** Newer/novice swimmers 10 – 15 years old. Emphasis is on learning competitive stroke techniques and aerobic conditioning to become a more efficient swimmer. Coaches will work on growing a love for the sport of swimming and help swimmers work on competitive skills should they desire to race. A number of swimmers in this program are new to swim team.

**Buckeye Alumni:** College swimmers returning home to Buckeye or USA to train for winter break and the spring and summer. These swimmers compete with Buckeye at Championship meets. This group trains with the Senior Select group.



### Practice Schedules April 7 – June 1

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>Senior Select</b>	3:30 – 5:30p	5:45 – 7am 5:15 – 7:15p	3:30 – 5:30p	5:45 – 7am 5:15 – 7p		7 – 9:30a	8 – 10a
<b>SS DL</b>	5:30 – 6:30p		5:30 – 6:30p	4:15 – 5:15p		9:30 – 10:30a	
<b>Senior</b>	5:30 – 7:15p	3:30 – 5:15p	5:45 – 7:30p	3:30 – 5:15p	3:30 – 5:15p	7 – 9:30a	
<b>Senior DL</b>	4:45 – 5:30p		4:45 – 5:30p			9:30 – 10:30a	
<b>Age Group Select</b>	DL 6:30p 7:15 – 8:30p		DL 6:30p 7:15 – 8:30p	7 – 8:45p	5:15 – 7p	DL 8:45 9:30 – 11a	
<b>AG 1 Scarlet</b>	7-8:30 p	DL 6:45 7:15 – 8:45p		DL 6:30 7 – 8:30p	7 – 8:30p		DL 9:30 10 – 11:45a
<b>AG2 Scarlet A</b>	4:15 – 5:45p		4:15 – 5:45p		4:15 – 5:45p	8 – 9:30a	6 – 7:30p
<b>AG2 Scarlet B</b>		7 – 8:30p	7 – 8:30p		4:15 – 5:45p	11:15a – 12:45p	7 – 8:30p
<b>AG3 Scarlet A</b>		4:45 – 6p		4:45 – 6p	5:45 – 7p		5:30 – 7p
<b>AG3 Scarlet B</b>	5:45 – 7p		5:45 – 7p		5:45 – 7p		5:30 – 7p
<b>AG4 Scarlet</b>		6 – 7p		6 – 7p		9:30 – 10:30a	4:30 – 5:30p
<b>Silver Rec</b>					7-8p	3-4:15p	3:30-4:30p

	Practices held at Columbus North, 888 E. Dublin Granville Road, Columbus, OH
	Practice held at Powell Aquatics Center, 168 E. Olentangy Street, Powell, OH



### Practice Schedules June 2 – July 31

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sunday
Senior Select	6:45 – 8:45a	6:45 – 8:45a	7 – 9a	6:45 – 8:45a	6:45 – 8:45a		8 – 10a
SS PM	3:30 – 5p		3:30 – 5p	3:30 – 5p			
SS DL	5 – 6p		5 – 6p	5 – 6p			
Senior	6:45 – 8:45a	6:45 – 8:45a	7 – 9a	6:45 – 8:45a	6:45 – 8:45a		
Senior DL	4 – 5p		4 – 5p	4 – 5p			
Age Group Select	7 – 8:45a	7 – 8:45a	5:30-7p	7 – 8:45a	7 – 8:45a		
AG Select DL	6 – 6:45p		6 – 6:45p	6 – 6:45p			
AG1 Scarlet	6:45 – 8:30a	6:45 – 8:30a	6:45 – 8:30a	6:45 – 8:30a	6:45 – 8:30a		
AG2 Scarlet	A: 4:30-6p B:7-8:30p	5:30-7p	7:15 – 8:45a	7:15 – 8:45a	7:15 – 8:45a		
AG3 Scarlet	7:15 – 8:45a	A:5-6:15p B:6:15-7:30p	7:15 – 8:45a	A:5-6:15p B:6:15-7:30p			
AG4 Scarlet	6 – 7p	4 – 5p	6 – 7p	4 – 5p			
Silver Rec		7:30-8:30p	7:30-8:30p	7:30-8:30p			

	Practices held at Columbus North, 888 E. Dublin Granville Road, Columbus
	Practice held at Powell Aquatics Center, 168 E. Olentangy Street, Powell
	Practices held at Hilliard Family Aquatic Center, 3850 Veteran’s Memorial Drive, Hilliard, OH

#### Practice Schedule Notes:

- Long Course practices begin April 7 and finish July 31 for most practice groups.
- **Please note that the published practice schedules are at full capacity of membership for every group. If any groups are smaller in size, there will be practice schedule adjustments to maintain a full pool.**
- DL = Dryland strength and conditioning, all times above without this designation are swim training
- An updated calendar of practice times and locations will be kept on the team’s website on the “Practice Schedule” page under the “Schedule” tab.
- **There are no swim practices during team meets. Specific practice groups not assigned to a meet will have swim practice.**
- Practices will not be held for all groups on the following holidays: Easter, Memorial Day and July 4. Practices held on other holidays may be canceled or changed at the Head Coach’s discretion.
- Swimmers can only attend practices for their assigned practice group. A swimmer must get permission from the Head Coach or Managing Director to try to make up a practice.
- **No Parents on Deck Policy** – parents are not allowed to sit or stand on the pool deck during practices at any of our facilities. This is a United States Swimming recommendation, and it is important for each swimmer to be focused on their coach’s instructions with no distractions to the coaching staff for safety reasons.
- **Practice schedule is subject to change. There could be some groups combined on certain days pending practice group numbers following team registrations.**



## 2025 Long Course Season Meet Schedule

Date	Meet Name	Location	Recommended Participation
May 3	Buckeye vs Worthington Dual Meet (Short Course yards)	Worthington, OH	All competitive swimmers encouraged to participate
May 17	Buckeye Swimming Spring Challenge	McCorkle Aquatic Pavilion Ohio State	Team hosted meet, all swimmers participate, all parents volunteer
May 31- June 1	Bowling Green June Invitational	Bowling Green State Univ. Bowling Green, OH	All competitive swimmers are expected to participate
June 13	USA Swimming Central Zones Open Water Championships	Pleasant Prairie, Wisconsin	All qualifiers only
June 20 – 22	Jill Griesse Memorial Invitational	Denison University Granville, OH	All competitive swimmers are expected to participate
June 25 <b>Wednesday</b>	Ohio Open Water Championships	TBD	All competitive swimmers BB time or better 200 free 10&U BB time or better 500 free 11&O
July 11 – 13	Ohio LC Regional Championships	Kenyon University Mt Gambier, OH	All 14 & under (w/out OH JO qualifying times only) All competitive swimmers are required to compete
July 17 – 20	USA Swimming Speedo Sectional Championships	McCorkle Aquatics Pavilion The Ohio State University	All qualifiers are required to compete
July 17 – 20	Ohio Junior Championships	Miami University Oxford, OH	All qualifiers are required to compete, including relay only swimmers
July 24 – 27	Ohio LC Senior Championships	TBD	All 15 & over swimmers are required to compete
July 23 – 26	USA Swimming Futures Championships	Multi-Site, TBD	All qualifiers only
July 30 – August 3	USA Swimming Speedo Junior National Championships	Irvine, California	All qualifiers only
August 5 – 8	TYR Summer National Championships	Irvine, California	All qualifiers only
August 7 – 10	USA Swimming Central Zone Championships	Holland, Michigan	All 14 & under qualifiers only All qualifiers are encouraged to attend

### Meet Schedule Notes:

- *Meet schedule is subject to change. Buckeye could get closed out of a meet due to over subscription.*
- All 9 – 14 year old swimmers are required to swim the Ohio Regional Qualifier meet that have not achieved Ohio Junior Championship qualifying times.
- All 14 and under swimmers who qualify for the Ohio Junior Championships are required to compete in individual events and to represent the team on relays. Relay teams will be set at the end of the Ohio Regional Qualifier.
- All 15 and over swimmers are required to compete at the Ohio Senior Championships.
- All swimmers that qualify for any United States Swimming National level competitions representing Buckeye are required to attend.
- USA Swimming Central Zone Championships – qualifiers are encouraged to attend but it is not a requirement. This is an All Star meet and swimmers are representing Ohio Swimming **not** Buckeye.
- Parents are responsible for selecting the meets the swimmer will participate in. Coaches will select the swimmer's events for each meet. Meet participation acknowledgement is done on-line through the team's Commit website and should be completed early in the season.
- **Meet Volunteers:** It is becoming more common for meet hosts to require visiting teams to supply timers at meets. There will be a "Signup Genius" link to sign up and help whenever Buckeye is asked to provide timers. Please plan to help throughout the season.
- Buckeye's Head Coach attends all national meets for qualified swimmers.



**2024 – 25 Swim Year Practice Group Fees**

Training Group	Annual Fee, including Registration	Nonrefundable Registration Fee	Training Fees - 11 Monthly Installments
Senior Select	\$3348	\$279	\$279.00
Senior	\$2988	\$249	\$249.00
AG Select	\$2868	\$239	\$239.00
AG1 Scarlet	\$2748	\$229	\$229.00
AG2 Scarlet	\$2268	\$189	\$189.00
AG3 Scarlet	\$1968	\$164	\$164.00
AG4 Scarlet	\$1728	\$144	\$144.00
Silver Recreation	\$1500	\$125	\$125.00

**Fees include:**

- Swim group training fees including but not limited to coach pay, pool rent, etc.
- Team silicone cap and team T-shirts
- On-site dryland training

**Fees DO NOT include:**

- Annual United States Swimming membership fees and Ohio Swimming membership fees
- Swim meet entry fees and expenses (see below)
- Training equipment
- Travel expenses

**Payment Methods and Schedule:**

- Payments are made on-line with a debit / credit card through the website at time of registration or by check (see guidelines for paying by check in "Additional Comments and Considerations").
- **Cancelation of team membership: We require 30 day's notice to remove you from billing. Your registration fee will not be reimbursed.**
- Our monthly installments are billed to your account on file on the 1<sup>st</sup> of each month beginning September 1. The last payment for your short course season is Feb.1, First installment for long course swimming is March 1, with the last installment collected on July 1.
- There is no Zelle option this year, there are no additional admin charges with your monthly installments.

**Swim Meet Entry Fees and Expenses:**

- Swim meet entry fees vary by meet and are set by the meet host team.
- Swim meet entry fees include but are not limited to the event fees, Ohio Swimming surcharge and credit card processing fees.
- Families will be billed for swim meet entry fees the week of every meet they attend.
- ALL swim families MUST have a credit card on file to pay for swim meet entry fees.
- Due to the cost of collecting fees via electronic payment, there will be a small admin fee at each meet equal to \$1.25 per meet day, this is based on the number of days offered in the meet, not the number of days a swimmer is attending.
- Meet Fees will be collected on the 1<sup>st</sup> of each month.



### **Additional Comments & Considerations**

- Unresolved payment issues from previous seasons need to be reconciled prior to registration.
- **All existing families need to re-register on Commit for the new year. There will not be continuous billing.** This will help reset rosters and maintain an accurate database of swimmers.
- Registrations will only be accepted while there is room in the program.
- **By enrolling in the Buckeye Swim Team, families understand that they are financially obligated to pay the total balance of all fees as outlined for the season (regardless of attendance at practice).** There are no options to discontinue financial obligation. Refunds will not be issued. If a swim family feels they have a special circumstance, they will need to send a written request to the Head Coach and Managing Director for consideration.
- Practice lane assignments will be made at practice, allowing like ages, abilities, and skill levels to participate together.
- Practice schedules may change based on unforeseen or unexpected issues. If changes do occur all athlete families will be notified, and changes will be posted to Slack.
- Swimmers who are unsure about joining the team are encouraged to tryout or arrange to attend a practice, meet the coaches, and talk to swim parents and swimmers. We welcome all swimmers and would love to meet all interested swimmers. Please contact by e-mail -- Head Coach Chris Hadden at [cahadden@gmail.com](mailto:cahadden@gmail.com).
- **No more Zelle payments accepted.** Please note that payments will go through the Commit website moving forward. Zelle is no longer an option. There are no additional administrative charges with your monthly installments. Please cancel any recurring Zelle payments you have established.
- **Credit Card Processing Fees –** The team has tried negotiating rates. The team has chosen to pay the processing fees this year with a small team fee increase and a \$1.25 "admin fee" per swimmer per day of each meet to be able to not pass on these processing fees to our members.
- **Checks will be accepted.** You can pay by check but need to wait until each month's invoice drops. We are also doing roll up invoicing, so meet fees will be included in the monthly installment. Checks are due by the 10<sup>th</sup> of each month. If check payments are not received by the 10<sup>th</sup> of the month the credit card on file will be charged and a \$10 late fee will be assessed.
- With the electronic payment option once your account is approved you will have immediate access to your own private account that will enable you to easily declare for swim meets, see your children's swim times history, maintain your own contact information (email and text), and more.
- **Family Discount:** Siblings receive a discount as follows: 2 swimmers, 4%; 3 swimmers, 6%, 4 or more swimmers 8%.





## Junior Program

*The Buckeye Juniors Program is designed to introduce swimmers to the concept of competitive swimming. Our Buckeye Juniors swimmers will join USA Swimming as Flex Members and may participate in intrasquad meets, virtual competitions, Buckeye hosted events and a select number of local Ohio Swimming events. These optional competitions are an additional cost to your monthly dues.*

### Seedlings

Practice at this level focus on stroke refinement, begin to build some endurance and introducing flip-turns. This level reinforces the fundamentals of all four competitive strokes and builds on swimming techniques with increased cardiovascular conditioning. Minimum ability to swim one length of the pool unassisted in all four disciplines. Practices are offered in a once a week or twice a week option and are 45 minutes in duration. Program size 10 swimmers. Monthly Fee \$65 for one practice per week, \$117 for twice a week.

### Saplings

Practice at this level will continue to focus on stroke refinement, training concepts including use of the pace clock and how to read a practice set. This level reinforces the fundamentals of all four competitive strokes and builds on swimming techniques with increased cardiovascular conditioning. Minimum ability to swim one length of the pool unassisted in all four disciplines. Practices are offered in a once a week or twice a week option and are 60 minutes in duration. Program size 10 swimmers. Monthly fee \$75 for one practice per week, \$135 for twice a week.

### Practice Schedule:

	<b>March 10-April 6</b>	<b>April 7-June 1</b>	<b>June 2-July 31</b>
<b>Seedlings</b>	Monday & Wednesday 5:30-6:15 Saturday 10:45-11:30	Tues/Thurs 4:15-5 Weds 5-5:45 Saturday 10:45-11:30	Tues/Thurs 4:15-5 Weds 5-5:45
<b>Saplings</b>	Monday & Wednesday 5:30-6:30 Saturday 10:45-11:30	Tues/Thurs 4-5 Weds 5-6 Saturday 10:45-11:30	Tues/Thurs 4:15-5 Weds 5-5:45

### Meet Schedule

<b>Date</b>	<b>Meet Name</b>	<b>Location</b>
May 3	Buckeye vs Worthington Dual Meet (Short Course yards)	Worthington, OH
May 17	Buckeye Swimming Spring Challenge	McCorkle Aquatic Pavilion Ohio State
May 31- June 1	Bowling Green June Invitational	Bowling Green State University Bowling Green, OH
June 21	Buckeye Summer Splash	Buckeye Swim School
July 11 – 13	Ohio LC Regional Championships	Kenyon University Mt Gambier, OH